



Carving New Ideas

A Monster Mash

Presented By: Collegiate 4-H at The Ohio State University

LOCATION: 4-H Camp Ohio
11461 Camp Ohio Road
St. Louisville, OH 43071

DATES: October 29-31, 2021

CONTACT INFO (Before Camp): OSU Extension: 614-292-6098

EMERGENCY//IMPORTANT CALLS ONLY (During Camp) Nurse's Station: 740-745-3388

Dear Parents and Campers:

Welcome to Carving New Ideas! We have processed your registration and are very much looking forward to seeing you at camp on Friday, October 29. You are in for a weekend filled with lots of fun, friends, and new things to learn. We created this camper packet to help you prepare for a great and safe time at camp. Read this letter carefully and begin preparing for an exciting experience!

Check-In Date/Time Friday, October 29, 2021
6:30 – 8:00 PM (any time during this timeframe)
Dining Hall
Cross the car bridge and park. Dining Hall is at the top of the hill.
Bring all belongings and medicines to check in.

Dismissal Date/Time Sunday, October 31, 2021
10:00 AM

Arrival Procedures – Friday, October 29, 2021

- **Check-in begins at 6:30 PM and lasts until 8:00 PM.** Please notify Beth, Camp Director, if you are unable to be there by 8:00 PM at boomershine.10@osu.edu
- Get in line to register, meet the nurse, and receive your cabin assignment.
- **No cell phones permitted at camp.** Cell phones will be collected and stored until camp is over.
- All campers will meet the camp nurse at check-in, regardless if they are turning in medicines or not. At that time, parents can share about their camper's medicine needs and/or special health care or behavioral concerns. You will need to give any medications, over-the-counter and prescription, to the nurse at check-in. Please have these available, not packed in a suitcase. Every medicine of any kind (including Tylenol, Pepto-Bismol, etc.) must be given to the nurse. **(Camp Ohio has over-the-counter medicine available if campers need something - given at the nurse's discretion).** *All prescription medicine* must have the pharmacy label attached with the camper's name, dosage, etc. Medicine/prescriptions should be current and not expired.
- Head to your assigned cabin. Make your bed and meet your cabin-mates.

What Not To Bring To Camp

- Valuables, including electronic games, laptops, jewelry, etc.
- Nothing that can connect to the internet. With the exception of a simple clock, electronics should be avoided.
- Lots of snacks. Excessive food in the cabins may attract unwanted wildlife visits.
- Firearms or fireworks
- Squirt guns, water balloons, shaving cream, and footballs
- Illegal substances, including tobacco, drugs, and alcohol. We will contact law enforcement if we find firearms or illegal substances.
- Vaping devices are strictly prohibited.
- **Cell phones. Camp Ohio has a “no cell phone” rule for all youth, no exceptions.**



Camp Policies/Rules

Your presence at camp means you have read, understand, and agree that you will abide by the 4-H Camp Ohio Guidelines which were shared during the online registration process. They can also be downloaded at go.osu.edu/CampGuidelines. Failure to follow these rules may result in the parent/guardian being contacted to remove you from camp without a refund.

Cancellations/Refunds

- If for any reason, a camper is not able to come to camp, you must contact the Franklin County Extension Office at 614-866-6900 IMMEDIATELY so that we will not expect you at camp.
- No refunds can be given for cancellations or for no shows.

Feel free to contact Beth if you have any questions: boomershine.10@osu.edu / 614-292-6098

See you at 4-H Camp,

Beth

Beth Boomershine
OSU Extension, Franklin County
Extension Educator, 4-H Youth Development
Carving New Ideas Camp Director

What You Need To Bring To Camp – Some Packing Tips



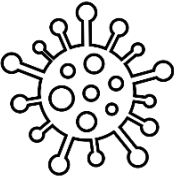


- ✓ **Bring a snack to share.** Carving New Ideas is a pretty laid-back camp for teens. Given the relaxed nature of the camp, the camp snack table has become a CNI tradition. We ask each camper to bring a snack for the camp snack table. Over the years, we've found that coordinating the snack options is important so that we don't end up with 50 bags of chips. Please sign up to bring a snack at this link: go.osu.edu/CNIsnacks
- ✓ **The counselors are encouraging campers to bring a costume for the final night of festivities. This is optional.** NOTE: *Scary/bloody/gory, revealing, political, or inappropriate costumes are not allowed. Keep them fun, upbeat, and age appropriate.*
- ✓ At 4-H Camp Ohio, we walk to the showers, so packing **shower items** carefully saves a lot of "forgot something" trips back to the cabin. Put toothbrush, soap, shampoo, etc. in a small plastic bucket or bag so items can easily be carried to the shower. **IMPORTANT:** Do not send ANYTHING in a glass (breakable) container. Flip flops or shower shoes may be used in the bathrooms only! Closed toe shoes are required everywhere else at camp.
- ✓ **Towels:** Having an extra towel and dry socks can make camp more pleasant. Because of the cool, damp weather in late October, towels rarely dry overnight.
- ✓ **Bedding:** Each camper will have a bed with a 5" thick, twin size mattress. Campers should bring the following bedding items: 1) a sheet to cover the mattress, 2) a pillow, and 3) either a sleeping bag or top sheet and blankets. **Remember...** It's October and the weather can be quite chilly, especially in the wooded valley! While the cabins do have heat, they are still rustic cabins. Pack accordingly!
- ✓ **Other Food:** While we assure you that there will be plenty of food during meals, if you insist on bringing some snacks to have in your cabin, remember that crumbs get on the floor and beds of the cabin, all over the inside of campers' suitcases, and can attract ants, mice, raccoons, and skunks. If you want to bring a couple of snacks, put the snacks in plastic, re-sealable containers.
- ✓ **Food Allergies:** We do our best to accommodate dietary restrictions if they were identified at registration, but we also understand that many individuals feel more comfortable bringing an alternative. If you need to bring your own alternatives for meals, you may certainly do so. To coordinate this, please notify Beth Boomershine, camp director, at boomershine.10@osu.edu if you plan to bring alternative foods.

Suggested checklist to pack for Carving New Ideas:

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| <input type="checkbox"/> Water bottle | <input type="checkbox"/> Rain Gear | <input type="checkbox"/> Washcloths/bath poof | <input type="checkbox"/> The counselors are encouraging campers to bring a costume for the final night of festivities. |
| <input type="checkbox"/> 1 or 2 pair of Tennis Shoes or close-toed walking shoes | <input type="checkbox"/> Pillow | <input type="checkbox"/> Bath Towels | |
| <input type="checkbox"/> Jacket or Coat (Check the weather! It's always cooler in the valley at camp.) | <input type="checkbox"/> Sheets/Blankets | <input type="checkbox"/> Soap | |
| <input type="checkbox"/> Casual, Weather Appropriate Clothes | <input type="checkbox"/> Sleeping Bag | <input type="checkbox"/> Comb/Brush | |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Alarm Clock (optional) Remember – NO CELL PHONES! | <input type="checkbox"/> Toiletry Items in small plastic basket/bucket/bag | NOTE: Scary/bloody/gory, revealing, political, or inappropriate costumes are not allowed. Keep them fun, upbeat, and age appropriate. |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Plastic Bag for dirty clothes marked with name | <input type="checkbox"/> Flip-flops for shower only | |
| <input type="checkbox"/> Socks + Extras | <input type="checkbox"/> Flashlight | <input type="checkbox"/> Games (ex: cards, but no electronics) | |
| | <input type="checkbox"/> Toothbrush | | |
| | <input type="checkbox"/> Toothpaste | | |

Health and Safety Considerations for COVID-19

	<p>CABINS / GROUP ACTIVITIES Cabinmates will make up the primary group of campers that do activities together throughout their time at camp. Camp sessions will be adapted to provide spacing, utilize outdoor spaces as much as possible, and give time for hand washing and sanitizing between sessions.</p>
	<p>MEALS Cabinmates will sit together for meals. Tables will be adjusted to allow for spacing. As usual, food service will follow all local health department requirements.</p>
	<p>ILLNESS Staff members, counselors, or campers with a fever of 100.4 degrees or higher or any other COVID-19 symptoms, such as cough or shortness of breath will not attend camp. Any staff or campers who have been in close contact with someone who has tested positive for COVID-19 or is suspected of having COVID-19 will not attend camp. As usual, campers or counselors who experience any signs or symptoms of illness will be seen by the camp nurse(s) for evaluation. Campers and counselors who experience COVID-19 symptoms will be isolated as a precaution and sent home (picked up by their family member).</p>

SEVERE WEATHER AT CAMP

Camper safety is our number one priority at camp. On the first night of camp, safety procedures are reviewed with all campers. The camp has a loud siren system and the campers are told where to go for safety and what to do in the event that the siren goes off for either fire or severe weather. In the specific case of severe weather, there are cement block buildings built into the side of the hills that campers would be guided to for safety.

All risk management policies and procedures that we follow at camp are specifically written by the 4-H Camp Ohio Board of Trustees Risk Management Committee which follows all mandates of the American Camp Association. They take this duty very seriously and campers are never without supervision from counselors and staff who will follow these policies.

Many of those on our camp staff and those on 4-H Camp Ohio staff have phones which allow us to monitor the weather very closely all weekend. The camp director has a weather radio and staff does not sleep until all weather risk has passed.

For your own peace of mind, 4-H Camp Ohio has a Facebook page, which is updated when severe weather is in the area. Sending a child to camp can be hardest on the parents—we understand! Many parents find it calming to check the Facebook page to see any updates on how the weather affected camp activities.

We hope that the weather doesn't interfere with our plans at camp, but in the event that it does, please know we are trained and ready.

Go to 4-H Camp Ohio on  [facebook](#) for severe weather updates.

Ohio 4-H Camp COVID-19 Acknowledgement

I will not send my child to camp if they, or any member in their household, have tested positive for COVID-19 or in the past 14 days have experienced any of the following COVID-19 symptoms:

- Congestion or runny nose
- Cough
- Diarrhea
- Fatigue
- Fever or chills
- Headache
- Muscle or body aches
- Nausea or vomiting
- New loss of smell or taste
- Sore throat
- Shortness of breath or difficulty breathing

I understand that camp participation is voluntary. I acknowledge the contagious nature of COVID-19 (and its variants) and voluntarily assume the risk that my child(ren) and I may be exposed to, or infected by, COVID-19 (or its variants) by attending the 4-H Camp, and that such exposure or infection may result in personal injury, illness, permanent disability and/or death. I understand that the risk of becoming exposed to, or infected by, COVID-19 (or its variants) may result from the actions, omissions, or negligence of my child(ren), myself and others, including, but not limited to, The Ohio State University, OSU Extension, 4-H camp site, and the employees, agents, representatives, volunteers and program participants and their families.

I further understand that dangers may be increased if I or my child(ren) have previously had COVID-19. Because COVID-19 is a developing disease, I understand that all of the current and future risks associated with COVID-19 are not known at this time and it is not possible to fully list every risk associated with contracting the virus. However, I am aware that COVID-19 complications while engaging in physical activity without appropriate medical clearance may lead to further injury or illness, including, but not limited to: dizziness; respiratory issues and lung damage; cardiac issues, including myocarditis (heart muscle inflammation); blood clots; general inflammation; and muscle inflammation/breakdown. I am choosing to send them to camp despite the potential risks.

As recommended by the American Academy of Pediatrics, I understand my pediatrician can advise me on whether it is safe for my child to attend camp based on his or her medical history.

I understand my child must follow all COVID-19 guidance (e.g., wearing masks, distancing, etc.). Failure to do so may result in my child being sent home from camp.

I also understand I will be required to immediately pick up my child if they experience any symptoms listed above while at camp or are exposed to COVID-19. I understand I will receive a full refund of any fees paid before the start of camp. Refunds will be prorated for the days not attended if participants need to depart due to COVID-19 symptoms.

Parent/Guardian Printed Name

Parent/Guardian Signature

Child Printed Name

Date

