

# CARVING NEW IDEAS TEEN CAMP

## *Exploring Uncharted Territory*

*Presented By: Collegiate 4-H at The Ohio State University*

<b>LOCATION:</b>	4-H Camp Ohio 11461 Camp Ohio Road St. Louisville, OH 43071
<b>DATES:</b>	November 17-19, 2023
<b>CONTACT INFO (Before Camp):</b>	OSU Extension, Franklin Co: 614-866-6900, option 2
<b>EMERGENCY/IMPORTANT CALLS ONLY (During Camp)</b>	Nurse's Station: 740-745-3388
<b>CHECK-IN</b>	<b>Friday, November 17, 2023</b> <b>6:30 – 8:00 PM (any time during this timeframe)</b> Cross the car bridge and park. Check in at Dining Hall at the top of the hill. <b>Bring all belongings and medicines to check in.</b>
<b>DISMISSAL</b>	Sunday, November 19, 2023 10:00 AM

### Dear Parents and Campers:

Welcome to Carving New Ideas! We have processed your registration and are very much looking forward to seeing you at camp. You are in for a weekend filled with lots of fun, friends, and new things to learn. We created this camper packet to help you prepare for a great and safe time at camp. Read this letter carefully and begin preparing for an exciting experience!

**➔ DO THIS FIRST:** Complete the required health form by **November 12** at [go.osu.edu/CNIHealthForm](https://go.osu.edu/CNIHealthForm)

- **Check-in begins at 6:30 PM and lasts until 8:00 PM.** Please notify Beth, Camp Director, if you are unable to be there by 8:00 PM at [boomershine.10@osu.edu](mailto:boomershine.10@osu.edu)
- Get in line to check-in, meet the nurse, and receive your cabin assignment.
- All campers will meet the camp nurse at check-in, regardless of if they are turning in medicines or not. Parents can share about their camper's medicine needs and/or special health care/behavioral concerns. Any medications, over-the-counter and prescription, are given to the nurse at check-in. Please have these available, not packed in a suitcase. Every medicine of any kind (including Tylenol, Pepto-Bismol, etc.) must be given to the nurse. **(Camp Ohio has over-the-counter medicine available if campers need something - given at the nurse's discretion).** All prescription medicine must have the pharmacy label attached with the camper's name, dosage, etc. Medicine should be current and not expired.



## What Not To Bring To Camp

- Valuables, including electronic games, laptops, jewelry, etc.
- Nothing that can connect to the internet. With the exception of a simple clock, electronics should be avoided.
- Lots of snacks. Excessive food in the cabins may attract unwanted wildlife visits.
- Firearms or fireworks
- Squirt guns, water balloons, shaving cream, and footballs
- Illegal substances, including tobacco, drugs, and alcohol. We will contact law enforcement if we find firearms or illegal substances.
- Vaping devices are strictly prohibited.
- **Cell phones. Camp Ohio has a “no cell phone” rule for all youth, no exceptions.**



## Camp Policies/Rules

Your presence at camp means you have read, understand, and agree that you will abide by the 4-H Camp Ohio Guidelines which were shared during the online registration process. They can also be downloaded at [go.osu.edu/CampGuidelines](http://go.osu.edu/CampGuidelines). Failure to follow these rules may result in the parent/guardian being contacted to remove you from camp without a refund.

## Cancellations/Refunds

- If for any reason, a camper is not able to come to camp, you must contact the Franklin County Extension Office at 614-866-6900 IMMEDIATELY so that we will not expect you at camp.
- No refunds can be given for cancellations or for no shows.

Feel free to contact Beth if you have any questions: [boomershine.10@osu.edu](mailto:boomershine.10@osu.edu)

See you at camp,

*Beth*

Beth Boomershine  
OSU Extension, Franklin County  
Extension Educator, 4-H Youth Development  
Carving New Ideas Camp Director



## What You Need To Bring To Camp – Some Packing Tips

- ✓ **Bring a snack to share.** Carving New Ideas is a pretty laid-back camp for teens. Given the relaxed nature of the camp, the camp snack table has become a CNI tradition. We ask each camper to bring a snack for the camp snack table. Over the years, we've found that coordinating the snack options is important so that we don't end up with 50 bags of chips. Sign up for your which snack you'll be bringing at [go.osu.edu/cninsnacks](http://go.osu.edu/cninsnacks).
- ✓ At 4-H Camp Ohio, we walk to the showers, so packing shower items carefully saves a lot of "forgot something" trips back to the cabin. Put toothbrush, soap, shampoo, etc. in a small plastic bucket or bag so items can easily be carried to the shower. **IMPORTANT:** Do not send ANYTHING in a glass (breakable) container. Flip flops or shower shoes may be used in the bathrooms only! Closed toe shoes are required everywhere else at camp.
- ✓ Towels: Having an extra towel and dry socks can make camp more pleasant. Because of the cool, damp weather in late November, towels rarely dry overnight.
- ✓ Bedding: Each camper will have a bed with a 5" thick, twin size mattress. Campers should bring the following bedding items: 1) a sheet to cover the mattress, 2) a pillow, and 3) either a sleeping bag or top sheet and blankets. **Remember...**It's November and the weather can be quite chilly, especially in the wooded valley! While the cabins do have heat, they are still rustic cabins. Pack accordingly!
- ✓ Other Food: While we assure you that there will be plenty of food during meals, if you insist on bringing some snacks to have in your cabin, remember that crumbs get on the floor and beds of the cabin, all over the inside of campers' suitcases, and can attract ants, mice, raccoons, and skunks. If you want to bring a couple of personal snacks, put the snacks in plastic, re-sealable containers.
- ✓ Food Allergies: We do our best to accommodate dietary restrictions if they are identified on the health form, but we also understand that many individuals feel more comfortable bringing an alternative. If you need to bring your own alternatives for meals, you may certainly do so. To coordinate this, please notify Beth Boomershine, camp director, at [boomershine.10@osu.edu](mailto:boomershine.10@osu.edu) if you plan to bring alternative foods.

## Suggested Checklist to Pack for Carving New Ideas

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| <input type="checkbox"/> Water bottle   | <input type="checkbox"/> Rain gear  | <input type="checkbox"/> Washcloth/bath poof  |
| <input type="checkbox"/> 1 or 2 pair of Tennis Shoes or closed-toe walking shoes                      | <input type="checkbox"/> Pillow   | <input type="checkbox"/> Bath towels  |
| <input type="checkbox"/> Jacket or coat (Check the weather! It's always cooler in the valley at camp. | <input type="checkbox"/> Sheets/blankets                                      | <input type="checkbox"/> Soap   |
| <input type="checkbox"/> Casual, weather appropriate clothes  | <input type="checkbox"/> Sleeping bag   | <input type="checkbox"/> Comb/brush   |
| <input type="checkbox"/> Underwear  | <input type="checkbox"/> Alarm clock (optional)<br>Remember – NO CELL PHONES  | <input type="checkbox"/> Toiletry items in small plastic basket/bucket/bag                                  |
| <input type="checkbox"/> Sleepwear  | <input type="checkbox"/> Plastic/trash bag for dirty clothes marked with name | <input type="checkbox"/> Flip-flops for shower only   |
| <input type="checkbox"/> Socks + extras   | <input type="checkbox"/> Flashlight   | <input type="checkbox"/> Games  |
|   | <input type="checkbox"/> Toothbrush   | <input type="checkbox"/> Snack to share<br><a href="http://go.osu.edu/cninsnacks">go.osu.edu/cninsnacks</a> |