

4-H Age (as of Jan 1): _____

Time of Arrival: _____

4-H Food & Nutrition Evaluation

Name: _____ Club: _____ Project: _____

Criteria	Excellent	Very Good	Good	Satisfactory	Needs Improvement
Nutrition Portfolio & Book <i>No credit for scrapbooking style</i>	Superior work that exceeds expectations	Outstanding work / very little room for improvement	Well done / Solid grasp of fundamentals	Appropriate work for member's age and experience	Area that could be improved
Binder with 8 ½" x 11" pages					
1 page for each activity or interest area					
Project book reflects work done in activities					
<i>Comments</i>					
Knowledge (as determined by personal interview)					
Extra learning opportunities utilized (workshops, clinics, demonstrations, field trips, etc.)					
Knowledge verbalized succinctly					
Skills learned through project activities illustrated in book					
<i>Comments</i>					
Communication					
Able to express project knowledge					
Communicates appropriately					
Conveys information well					
<i>Comments</i>					
Personable Qualities					
Attitude/Confidence/Ease <ul style="list-style-type: none"> Pleasant expression, smiles Makes eye contact Personal appearance Posture / poise 					
<i>Comments</i>					

White copy- Judge, Yellow copy- 4-H Member

- ☐
- Blue
-
- ☐
- Red
-
- ☐
- White

- ☐
- Superior
-
- ☐
- Outstanding

- ☐
- SFS / BOC
-
- ☐
- SFA
-
- ☐
- HM