

EXTENSION CONNECTIONS

FRANKLIN COUNTY

February 2021

Succulents: Perfect Indoors and Outdoors



Succulents have gained popularity in recent years. The eye-catching plants are perfect additions to indoor and outdoor settings. The vast varieties and easy care make them a perfect choice for inexperienced and experienced gardeners alike. Read Agriculture and Natural Resources Educator, Mike Hogan's January 24, 2021 Columbus Dispatch article to learn more about succulents and all they have to offer. You may read the article [here](#).

2021 Winter Project Fair



Have you ever found yourself wondering what it takes to complete a 4-H project? The 2021 Virtual Winter Project Fair website is your hub for all things related to 4-H projects and how to complete them! The website is filled with fantastic project videos made by Franklin County 4-H youth who have completed the project before, essentially taking the Ohio 4-H Family Guide one step further. We are excited to share this resource with you in hopes that it will help you when selecting your perfect project for 2021! Visit the project fair [here](#).

Heart Health Month Events



February is American Heart Month. Heart disease is the #1 cause of death in the United States. The great news is we can take steps to control our risks for heart disease.

We invite you to join our Senior Series Program Assistant, Loretta Sweeney, on February 24 for a Heart Health Program. It will discuss lifestyle changes we can make to improve our heart health. You may register for the event [here](#). Please register by February 23.

We also invite you to join us for Wellness Wednesdays: Steps to a Healthier Heart. This series will begin on February 10. For registration and more information please click [here](#).

2020 Year in Gardening Review and Getting Ready for 2021!



#2020 was quite the year. One positive was the number of backyard growers, community gardeners, teacher educators and urban farmers that either wanted to learn how to start growing or to increase their production of fresh, healthy produce. Growing Franklin is a blog authored by Tim McDermott, Agriculture and Natural Resources Educator. The blog was there every step of the way with a year long string of content. Tim has created a [post](#) to assist any new growers as well as the seasoned grower progress through a year's worth of content, starting this spring through summer, fall and even winter. Please click [here](#) to see what Tim has growing in the demonstration garden.

Sustainable Living Series



On February 1, 2021, the Extension Sustainability team began releasing a series of short 2-3 minute videos focusing on helping people live more sustainably within their homes and communities. Videos will promote simple everyday actions people can take to conserve energy, reduce waste, and save money. The first video focuses on reducing single use plastic in your kitchen. You may watch the video [here](#).

What's Happening

- Ongoing: [2021 4-H Winter Project Fair](#)
- 2/1— 3/14: Strong @ Heart Email Wellness [Challenge](#)
- 2/6: Money Management Virtual [Workshop](#)
- 2/6: Home Buyer Education Virtual [Workshop](#)
- 2/8: Polar Mystery 4-H SPIN [Club](#)
- 2/8: Start Here: Investing 101 Virtual [Workshop](#)
- 2/9: OSU Specialty Crop Team & Ohio Controlled Environment Ag Center High Tunnel [School](#)
- 2/9: Incorporating the 7 Dimensions of Wellness into Daily Life [Webinar](#)
- 2/9: Taking Control of Student Loan Debt Virtual [Workshop](#)
- 2/10: Urban Soil Investigation [Webinar](#)
- 2/10: Wellness Wednesdays: Steps to a Healthier Heart [Webinar](#)
- 2/10: Finding Your Voice: Virtual Poetry Writing SPIN [Club](#)
- 2/10: Families First Webinar [Series](#)
- 2/11: Incorporating the 7 Dimensions of Wellness into Daily Life [Webinar](#)
- 2/13: Money Management Virtual [Workshop](#)
- 2/15: Polar Mystery 4-H SPIN [Club](#)
- 2/16: OSU Specialty Crop Team & Ohio Controlled Environment Ag Center High Tunnel [School](#)
- 2/16: Incorporating the 7 Dimensions of Wellness into Daily Life [Webinar](#)
- 2/17: Finding Your Voice: Virtual Poetry Writing SPIN [Club](#)
- 2/17: Families First Webinar [Series](#)
- 2/18: The Dirt on Soil Health: Investing Below the Surface [Webinar](#)
- 2/18: Incorporating the 7 Dimensions of Wellness into Daily Life [Webinar](#)
- 2/22: Polar Mystery 4-H SPIN [Club](#)
- 2/23: OSU Specialty Crop Team & Ohio Controlled Environment Ag Center High Tunnel [School](#)
- 2/23: Incorporating the 7 Dimensions of Wellness into Daily Life [Webinar](#)
- 2/23: 2021 Pesticide Applicator [Recertification](#)
- 2/24: Wellness Wednesdays: Steps to a Healthier Heart [Webinar](#)
- 2/24: Making Progress: Business Improvement & Succession Planning on the Family Farm [Webinar](#)
- 2/24: Senior Series Heart Health [Webinar](#)
- 2/24: Finding Your Voice: Virtual Poetry Writing SPIN [Club](#)
- 2/24: Families First Webinar [Series](#)