

Veteran Farming Program



Mission: This VA collaborative project aims to facilitate Veteran mental health wellness while providing an introduction to gardening/ farming to create meaningful opportunities for Veterans interested in pursuing a career in agriculture.

Who: Veterans facing behavioral health difficulties related to depression, anxiety, or PTSD, who are interested in gaining classroom/ hands-on skills while also benefitting from the therapeutic aspects of gardening.

When: Tuesday evenings from 4:00-6:00 p.m.

Duration: March 26th – September 3rd , 2019 (14-Week Season Program: classes meet Tuesday evenings, every other week from 4-6 p.m.)

Where: The Ohio State University Extension Franklin County Office, 530 West Spring St., Columbus, OH 43215, and Waterman Farm near OSU campus. Veterans must be independent with transportation to and from above locations.



Cost: No cost to qualifying Veterans. Space is limited to 20 participants. Must be enrolled at the VA. Need to be able to stand 1-2 hrs./ lean over/ lift 20 lbs. and commit to a 14-week classroom/ hand-on training program.

***Pre-Registration is required by March 11, 2019.** Contact Nancy Gosztyla, VA Social Worker, 420 N. James Rd., Columbus, OH 43219, at 614-257-5215.

**Registration Form:
2019 Veteran Farming Program**

Name: _____ Last Four: _____

Address: _____

Phone Number(s) Cell: _____

Home: _____

Email (optional): _____

Emergency Contact Information:

Name: _____ Relationship: _____

Address: _____

Phone: _____

1. Are you currently enrolled at the Columbus VA? Yes/ No

2. What is your experience or interest in farming?

3. Are you able to stand for 2 hours/ lean over/ pick up 20 lbs. without difficulty?

4. Do you foresee any obstacles in completing 14 weeks of classroom/ hands-on training? _____

***Plan to attend the Orientation Session: March 18th at 4:00-5:00 p.m., held at the Chalmers P. Wylie VA location, 420 N. James Road, Columbus, OH 43219, Room 1A028 PRRC.**

Topics for the 12-week classroom/ hands-on Veteran Farmer Training include: basic plant science, garden planning, soil fertilizers/amendments, growing from seed, site selection, raised bed and container gardening, composting, bee/pollinator info and more!

Return this completed form by **March 11th, 2019**, to Nancy Gosztyla, BH Social Worker at VA: 420 N. James Rd., Columbus, OH 43219, room 1A028 or call 614-257-5215 to complete registration by phone.