Clover 5K Results

April 16, 2016 was a beautiful day for the Franklin County 4-H Clover 5K and Walk & Serve! It was a perfect day for a run. We had a total of 90 paid participants and there were nearly 25 people who registered that morning for the 5K. We are told those are good numbers for less than three months of publicity (since the 5K was added in January). 4-H Explorers & Cardinal Crew 4-H Clubs provided the needed volunteers to serve at the registration station, race route, finish line, and awards.
Benefits of the “Serve”

The Walk and Serve had over 100 people register, and there were many who didn’t go through the registration process including the 5K participants who came. It is estimated that nearly 500 people participated in the entire event! The City Slickers 4-H Club staffed the registration table. Twenty 4-H Clubs were an active part of the planning and leadership efforts of the event. The Sewing Seeds 4-H Club provided website and event promotion assistance. Twelve additional clubs had members participate in the Serve.

→ 32 4-H Clubs from every part of the county dedicated a portion of their day to making this event successful!  
→ 16 non-profit organizations benefited from the Walk & Serve.  
→ 1,943 handmade items were completed in three hours!

<table>
<thead>
<tr>
<th>4-H Youth</th>
<th>Non-Profit Organizations</th>
<th>Serve Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public speaking</td>
<td>Share their purpose with community minded citizens</td>
<td>Learn about community needs</td>
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<tr>
<td>Leadership skills</td>
<td>Have some of their needs met</td>
<td>Understand the purpose of the non-profits</td>
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<tr>
<td>Goal setting</td>
<td>Networking with other non-profits</td>
<td>Create projects on the spot</td>
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<td>Problem Solving</td>
<td>Finished products with no cost to them</td>
<td>Learn new skills</td>
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<tr>
<td>Team Work</td>
<td>Additional publicity as Walk and Serve is promoted</td>
<td>Sense of accomplishment</td>
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<tr>
<td>Service Learning</td>
<td>Affiliation with a positive event – family oriented</td>
<td>Deeper sense of compassion for others</td>
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</tbody>
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Alzheimer's Association of Central Ohio

30 Activity Mats were created to help patients’ hands stay busy with zippers, fringe, beads, and a buckle.

✨ Franklin County 4-H Fashion Board

Buckeye Military Moms

96 protein gift bags filled with different nuts and jerky along with some Chap Stick. Bags include a handmade card of appreciation. The bags will be sent to military troops on active duty.

✨ Fantastic Futures 4-H Club
205 fun and durable cat toys made of fleece
150 beautiful handmade thank you notes

*K-9 Wonder Dogs 4-H Club*

100 Tie-dyed socks filled with rice for patients to use as hot/cold packs

*Liberty Bells 4-H Club*

85 Fleece hat for those who could use a hand-up

*Whetstone 4-H Club*

31 blankets
(16 for MVOB; 15 for Touch of Comfort)
Tied the edges of two layers of fleece to create a blanket which will be going to a child in the foster care system

*Lucky Clovers 4-H Club*
115 paracord keychains for PKD 5K participants
58 brightly decorated picture frames for pediatric patients

» Groveport Buttoneers 4-H Club

80 activity bags filled with kit for mini catapult, crafts, coloring book, and chalk board/white board for children fighting serious illness at Nationwide Children’s Hospital

» Green Machine 4-H Club

200 “We Care Kits” A handmade note was attached to a clear gift bag filled with items for parents staying at the house.

» Young Riders, Hellbranch, & Fantastic Futures 4-H Clubs
116 Tote bags were decorated and then filled with games, puzzles, and activities for those with pediatric cancer.  

*Buckeye Clover Express 4-H Club*

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210 small stuffed toys were sewn for first responders to give to children.  

*Grove City Clover Crew 4-H Club*

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400 Colorful Paper Flowers were made from small squares of tissue paper. Each participant at the Special Olympics in June will receive a flower.  

*Far East 4-H Club*
75 "Soup-er" Bags each filled with all of the ingredients for Tortilla Soup, a recipe card, and a note of appreciation for military veterans.

Great Expectations &
Franklin County Shooting Sports 4-H Clubs

Mat Makers of
First Community Church
1,500 plastic grocery bags were flattened, cut, and linked together to make "plarn" or plastic yarn. The plarn is used to crochet water and bug resistant insulated mats for homeless individuals.

Carousel Riders 4-H Club

Step by Step Academy
A variety of preparations were made to assist the teachers who work with children with autism. 1000 sheets of paper hole-punched 20 file folders with visual schedules put together 400 individual pictures cut out to develop communication and reading materials 2 activity boards made from locks, bolts, knobs and more for classrooms to attach to the wall

Fantastic Futures 4-H Club