GROW
EAT
OHIO
A guide focused on food and farmers markets local to our communities in Central Ohio

2019 Edition
Let’s eat healthy together!
As we work together to protect the health and improve the lives of all residents, there’s never been a better time to address the critical public health issue of obesity. And thanks to our collective efforts to improve food access and create active living options in every neighborhood, it’s easier than ever before.

Join me in creating a culture of health in our community that builds a commitment to prevention. Search out and eat more fresh foods that provide the vitamins and nutrients our bodies need to be healthy and strong. Farmers markets and locally grown foods can be a wonderful source of healthy, nutrient dense fruits and vegetables.

The 2019 Local Food Guide Grow Eat Ohio can help you find options that support a healthy lifestyle. Find a farmers market or farm stand, a place to shop or a community supported agriculture (CSA) share, and enjoy the fruits (and vegetables) of our farmers’ labor all year long.

Here’s to healthy eating!

Franklin County Commissioner
Joe Mazzola

Let’s celebrate the local, healthy harvest!
Community partnerships are vital to the health of our Franklin County residents. We are honored to work with the efforts and initiatives surrounding local food, including the Ohio Days: My Plate, My State program, as a way to improve and impact equity and access to healthy foods.

As food security is a social determinant of health that which directly influences health outcomes, we believe that all neighborhoods deserve access to fresh, healthy, local food and education to promote their health and wellness. Local food is a great strategy to address chronic disease, promote sustainability practices and to support our local economy.

We encourage you to use this guide as a way to get to know our Ohio farmers and businesses, learn about new and different foods and enjoy the harvest in the year to come.
Fellow Eaters,

The Franklin County Office of Ohio State University Extension is pleased to partner with other local food system advocates to provide you with this edition of the Columbus/Franklin County Local Food Guide. OSU Extension developed the first Local Foods Guide for Columbus and Franklin County in 2014 and ever since that time, consumers and farmers/food producers have benefitted from this yearly initiative. Your support of local farms and local food businesses benefits your family and the community in many ways, including:

- Access to fresher, more wholesome foods
- Greater variety of foods
- Support of local farms and businesses
- Support of the Columbus and Central Ohio economy

For more information about eating local in Columbus and Franklin County, go to franklin.osu.edu.

Sincerely,

Mike Hogan
Extension Educator, Agriculture & Natural Resources
and Associate Professor

Our work in Central Ohio would not be possible without the support and contributions of the Columbus & Franklin County Local Food Action Plan team, Columbus Public Health, the Franklin County Health Department, the OSU Extension Franklin County and countless others. Together, our efforts will produce a thriving and successful marketplace for Ohio farmers and food producers.

WHO WE’RE WORKIN’ WITH...

The Ohio Farmers Market Network is a 501(c)3 organization that provides Ohio farmers markets and producers with resources, tools, networking opportunities and a unified voice for public policy. Our work strengthens farmers markets throughout Ohio, but has greater impact here in Columbus through our collaboration with the Local Food Action Plan. Our work is generated by a volunteer Board of Directors made up of managers and producers from around Ohio. Allow us to introduce the 2019-2020 board members:

Jaime Moore
Chair
Get Fresh Markets

Charlie Ernestes
Candu Farm

Michael Francis
Mayhem Foods LLC

Christie Nohle
Vice Chair
Franklin Park Conservatory & Botanical Gardens Farmers Market

Dan Madigan
Toledo Farmers’ Market

David Persinger
Fayette County Farmers’ Market and Persinger Produce & Cottage Foods

Penny Shore
Secretary
Wyoming Farmers’ Market

Michelle White
Treasurer
Clintonville Farmers Market and Get Fresh Markets

Contact Us:
 ohiofarmersmarketnetwork@gmail.com
@groweatohio
#groweatohio

The Ohio State University
COLLEGE OF FOOD, AGRICULTURAL, AND ENVIRONMENTAL SCIENCES
WHERE WE’RE GROWIN’...

This year, Central Ohio will host more than 30 unique farmers markets throughout Franklin, Union, Delaware, Licking, Madison, Pickaway, Fairfield and Fayette counties. Check out this list of markets to find one near you.

**DELAWARE**

**Main Street Delaware’s Farmers’ Market (Saturday)**
- Market Manager: Susie Bibler
director@mainstreetdelaware.com 740-362-7573
- Sandusky Street, Delaware, OH 43015 (between Winter Street and William Street)
- Day: Saturday 9AM-12PM
- Opening Date: 5/25
- Closing Date: 10/26
- www.mainstreetdelaware.com/event/farmers-market/
- Accepts: SNAP and Produce Perks

**Main Street Delaware’s Farmers’ Market (Wednesday)**
- Market Manager: Susie Bibler
director@mainstreetdelaware.com 740-362-7573
- Sandusky Street, Delaware, OH 43015 (between Winter Street and William Street)
- Day: Wednesday 3PM-6PM
- Opening Date: 5/29
- Closing Date: 10/23
- www.mainstreetdelaware.com/event/farmers-market/
- Accepts: SNAP and Produce Perks

**Powell Farmers Market**
- Market Manager: Brian Harp
admin@powellchamber.com 614-888-1090
- 240 N Liberty Street, Powell, OH 43065 (in the parking lot)
- Day: Saturday 9AM-12PM
- Opening Date: 5/18
- Closing Date: 9/26
- www.powellchamber.com

**Sunbury Farmers Market**
- Market Manager: Sarah Maar
sarah@sunburybigwalnutchamber.com 740-965-2860
- 39 E Granville Street, Sunbury, OH 43074 (Sunbury Square)
- Day: Saturday 9AM-12PM
- Opening Date: 5/18
- Closing Date: 10/12

**Lancaster Farmers Market**
- Market Manager: Erin Harvey
farmersmarket@kellermarkethouse.com 740-277-6305
- W Chestnut Street, Lancaster, OH 43130 (Between Broad Street & Columbus Street)
- Day: Saturday 8:30AM-12PM
- Opening Date: 5/4

**FAIRFIELD**

**Powell Farmers Market**
- Market Manager: Brian Harp
admin@powellchamber.com 614-888-1090
- 240 N Liberty Street, Powell, OH 43065 (in the parking lot)
- Day: Saturday 9AM-12PM
- Opening Date: 5/18
- Closing Date: 9/26
- www.powellchamber.com

**Fayette County Farmers Market (Wednesday)**
- Market Manager: David Persinger
faycofarmersmkt@sbcglobal.net 740-606-3467
- 1650 Columbus Ave, Washington Court House, OH, 43160
- Day: Wednesday 3PM-6PM
- Opening Date: 6/5
- Closing Date: 9/18
- www.LancasterOHFarmersMarket.org
- Accepts: SNAP

**Pickerington Farmers Market**
- Market Manager: Janis Francis
pickfarmers@hotmail.com 614-681-1440
- 89 N Center Street Pickerington, OH 43147
- Day: Thursday 4PM-7PM
- Opening Date: 6/6
- Closing Date: 9/26
- www.Pickeringtonvillage.com

**Fayette County Farmers Market (Saturday)**
- Market Manager: David Persinger
faycofarmersmkt@sbcglobal.net 740-606-3467
- 101 E. East St, Washington Court House, OH, 43160
- Day: Saturday 8:30AM-12PM
- Opening Date: 5/11
- Closing Date: 9/28
- www.fayettecountyfarmersmarket.wordpress.com/
- Accepts: SNAP and Produce Perks

**Pickerington Farmers Market**
- Market Manager: Janis Francis
pickfarmers@hotmail.com 614-681-1440
- 89 N Center Street Pickerington, OH 43147
- Day: Thursday 4PM-7PM
- Opening Date: 6/6
- Closing Date: 9/26
- www.fayettecountyfarmersmarket.wordpress.com/
- Accepts: SNAP and Produce Perks

**FRANKLIN**

**Bexley Farmers Market**
- Market Manager: Landon Adams
bexley@getfreshmarkets.org 614-398-1330
- Dawson Avenue, Bexley, OH 43209 (between Main Street and Sherwood Road)
- Day: Thursday 4PM-7PM (Closed July 4)
- Opening Date: 5/23
- Closing Date: 10/24
- www.bexleyfarmersmarket.org
- Accepts: SNAP and Produce Perks

**Lancaster Farmers Market**
- Market Manager: Erin Harvey
farmersmarket@kellermarkethouse.com 740-277-6305
- 89 N Center Street Pickerington, OH 43147
- Day: Saturday 8:30AM-12PM
- Opening Date: 5/1
- Closing Date: 9/28
- www.LancasterOHFarmersMarket.org
- Accepts: SNAP and Produce Perks

**Fayette County Farmers Market (Saturday)**
- Market Manager: David Persinger
faycofarmersmkt@sbcglobal.net 740-606-3467
- 101 E. East St, Washington Court House, OH, 43160
- Day: Saturday 8:30AM-12PM
- Opening Date: 5/1
- Closing Date: 9/28
- www.FayetteCountyFarmersMarket.wordpress.com/
- Accepts: SNAP and Produce Perks

**Buy a Little Get a lot**

Shop with SNAP/EBT, get up to $20 in FREE fruits & vegetables!

1. Go to produceperks.org to find a location near you.
2. After arriving at the farmers’ market, find the customer service booth and swipe your Ohio Direction Card.
3. You will receive $1 in Produce Perks for every $1 you spend using an Ohio Direction Card.
4. Use your Produce Perks to buy fresh, locally produced fruits and vegetables at the farmers’ market.

Go to produceperks.org to learn more!
Bronzeville Growers Market
Market Manager: Julaiynne Walker
bronzevillegm2018@gmail.com
614-214-4627
925 Mt. Vernon Avenue, Columbus, OH 43203
Day: Thursday 3PM-6PM
Opening Date: 6/20
Closing Date: 9/8
Accepts: SNAP and Produce Perks

Dublin Farmers Market
Market Manager: Miranda Sweany
msweany@crawfordhyoming.com
6650 Longshore Street Dublin, OH 43017
Day: Saturday 9AM-12PM
Opening Date: 5/18
Closing Date: 9/29
www.thedublinfarmersmarket.com/

Franklin Park Conservatory and Botanical Gardens Farmers Market
Market Manager: Christie Noble
christie@fpconservatory.org
614-715-8036
1777 E Broad Street, Columbus, OH 43205
Day: Wednesday 3:30PM-6:30PM
Opening Date: 6/5
Closing Date: 9/4
www.fpconservatory.org/education-programs/outreach-programs/farmers-market/
Accepts: SNAP and Produce Perks

Groveport Farmers Market
Market Manager: Patty Storts
pstorts@groveport.org
614-836-3333
715 Main Street, Groveport, OH 43125
Day: Tuesday 4PM-7PM
Opening Date: 6/4
Closing Date: 9/29
www.groveportfarmersmarket.org

Columbus Public Health Farmers Market
Market Manager: Becky Kneeland
farmersmarket@makegahamayours.org
614-475-6442
Veterans Memorial Park, 75 W. Johnstown Road, Gahanna, OH 43230
Day: Sunday 4PM-7PM
Opening Date: 6/2
Closing Date: 9/29
www.makegahamayours.com

Hilliard Farm Market
Market Manager: Jess Lippoli
hilliardfarmmarket@hilliardumc.org
614-876-2403
5445 Scioto Darby Road, Hilliard, OH 43026
Day: Tuesday 4PM-7PM
Opening Date: 5/28
Closing Date: 9/10

Grandview Avenue Farmers Market
Market Manager: Marcy Musson
1371 Grandview Avenue Columbus, OH 43212 (Grandview Ave, N of 3rd Ave)
Day: Saturday 10AM-1PM
Opening Date: 7/6
Closing Date: 10/26

Linden Farmers Market
Market Manager: Brandon Adams
lindenfarmersmarket@gmail.com
2830 Cleveland Avenue, Columbus, OH 43224 (Gy Nyame Place)
Day: Sunday 12PM-3PM
Opening Date: 6/20
Closing Date: 9/12
www.lindenfarmersmarket.com
Accepts: SNAP and Produce Perks

North Market Farmers’ Market (Saturday)
Market Manager: Allan Wiltz
jillian@northmarket.com
614-463-9664
59 Spruce Street, Columbus OH 43215
Day: Saturday 8AM-1PM
Opening Date: 6/5
Closing Date: 9/5
www.northmarket.com/activities/farmers-market/

Pearl Market
Market Manager: Sam Sharkey
manager@pearlmarket.org
614-591-4559
Pearl Street & Gay Street, Columbus, OH 43215
Day: Tuesday and Friday 10:30AM-7PM
Opening Date: 5/24
Closing Date: 10/11
www.pearlmarket.org
Accepts: SNAP and Produce Perks

North Market Farmers’ Market (Sunday)
Market Manager: Allan Wiltz
jillian@northmarket.com
614-463-9664
59 Spruce Street, Columbus OH 43215
Day: Sunday 1AM-4PM
Opening Date: 5/5
Closing Date: 10/4

New Albany Farmers Market
Market Manager: Jackie Krebs, Kristina Jenny, and Marianne Troutman
manager@newalbanyfarmersmarket.com
614-390-2733
220 Market Square, New Albany, Ohio 43054
Day: Thursday 4PM-7PM
(Closed 7/4)
Opening Date: 6/20
Closing Date: 9/12
www.newalbanyfarmersmarket.com
Accepts: SNAP and Produce Perks

Ohio Prairie Township Farmers’ Market
Market Manager: Kristina Jenny, and Marianne Troutman
manager@nafarmersmarket.com
760 E. Livingston Ave, Columbus, OH 43205
Day: Saturday 8AM-12PM
Opening Date: 5/18
Closing Date: 9/7
www.nafarmersmarket.com

Prairie Township Farmers’ Market
Market Manager: Jackie Krebs, Kristina Jenny, and Marianne Troutman
manager@nafarmersmarket.com
614-390-2733
220 Market Square, New Albany, Ohio 43054
Day: Thursday 4PM-7PM
(Closed 7/4)
Opening Date: 6/20
Closing Date: 9/12
www.newalbanyfarmersmarket.com
Activities/farmers-market/

Reynoldsburg Farmers Market
Market Manager: Mrs. Jennifer Clemens
clemens@ci.reynoldsburg.oh.us
614-322-6839
Huber Park, 1520 Davidson Drive, Reynoldsburg, OH 43068
Day: Thursday 4PM-7PM
Opening Date: 6/6
Closing Date: 9/5
www.ci.reynoldsburg.oh.us/department/farmers-market
Accepts: SNAP and Produce Perks

Saint Mary Farmers Market
Market Manager: Carol Ross
saintmaryfarmersmarket@ci.ohiooord.org
700 S 3rd Street, Columbus, OH 43206
Day: Saturday 9AM-12PM
Opening Date: 5/7
Closing Date: 10/5

Northwest Farmers Market
Market Manager: Kari DuBro
employeewellness@nationwidechildrens.org
614-355-4154
200 W Nationwide Blvd, Columbus, OH 43215
Day: Tuesday 11AM-1PM
Opening Date: 7/16
Closing Date: 10/22

Hospital Farmers Market
Market Manager: Carol Ross
saintmaryfarmersmarket@ci.ohiooord.org
700 S 3rd Street, Columbus, OH 43206
Day: Saturday 9AM-12PM
Opening Date: 5/7
Closing Date: 10/5

Online Farmers' Market
Market Manager: Michelle White
upperrawlington@gmail.com/attentionmarkets.
org
614-398-1330
2850 Tremont Road, Upper Arlington, OH 43221
Day: Wednesday 4PM-7PM
Opening Date: 6/5
Closing Date: 9/25
www.getfreshmarkets.org
Accepts: SNAP and Produce Perks

Prairie Township Farmers’ Market
Market Manager: Kristina Jenny, and Marianne Troutman
manager@nafarmersmarket.com
614-390-2733
220 Market Square, New Albany, Ohio 43054
Day: Thursday 4PM-7PM
(Closed 7/4)
Opening Date: 6/20
Closing Date: 9/12
www.newalbanyfarmersmarket.com
Activities/farmers-market/

Southeast Farmers and Growers Market
Market Manager: Ava Johnson
ascuncurbed@gmail.com
5080 Carbondale Drive, Columbus, OH 43232
Day: Saturday 9AM-12PM
(Closed 6/15, 7/21, 7/28)
Opening Date: 6/8
Closing Date: 8/31
www.facebook.com/Southeastfarmersgrowers3232/
Accepts: SNAP

Upper Arlington Farmers Market
Market Manager: Michelle White
upperrawlington@gmail.com/attentionmarkets.
org
614-398-1330
2850 Tremont Road, Upper Arlington, OH 43221
Day: Wednesday 4PM-7PM
Opening Date: 6/5
Closing Date: 9/25
www.getfreshmarkets.org
Accepts: SNAP and Produce Perks

Sycamore Farmers’ Market
Market Manager: Carol Ross
saintmaryfarmersmarket@ci.ohiooord.org
700 S 3rd Street, Columbus, OH 43206
Day: Saturday 9AM-12PM
Opening Date: 5/7
Closing Date: 10/5

www.marketwednesday.com

Westerville Farmers’ Market
Market Manager: Linda Foor
info@marketwednesday.com
N State Street & E Home Street, Westerville, OH 43081
Day: Wednesday 3PM-6PM
Opening Date: 5/7
Closing Date: 10/30
www.marketwednesday.com

**Westerville Saturday Farmers Market**

Market Manager: Lynn Aventino
uptownwesterville.com
614-354-2713

Day: Saturday 9AM-12PM
Opening Date: 5/4
Closing Date: 10/26

- unioncountyfarmersmarket.com
- worthingtonfarmersmarket.com

**Worthington Farmers Market (Indoor)**

Market Manager: Christine Hawks
worthingtonfarmersmarket@gmail.com
614-285-5341

Day: Saturday 9AM-12PM (CLOSED Saturday, November 30)
Opening Date: 1/2
Closing Date: 4/25

- unioncountyfarmersmarket.com
- worthingtonfarmersmarket.com
- worthingtonfarmersmarket@gmail.com
- worthingtonfarmersmarket.com

**Licking**

**Canal Market District Farmers Market (Friday)**

Market Manager: Bailey McCoy
marketmanager@canalmarketdistrict.org
740-527-0420

Day: Friday 4PM-7PM
Opening Date: 5/7
Closing Date: 10/25

- www.canalmarketdistrict.org
- marketmanager@canalmarketdistrict.org

**Canal Market District Farmers Market (Tuesday)**

Market Manager: Bailey McCoy
marketmanager@canalmarketdistrict.org
740-527-0420

Day: Tuesday 4PM-7PM
Opening Date: 6/1
Closing Date: 9/24

- www.canalmarketdistrict.org
- marketmanager@canalmarketdistrict.org

**Xenos Farmers’ Market**

Market Manager: Sherri Fojas
Fojaas@xenos.org
614-580-2879

600 Oakland Park Ave, Columbus, OH 43214

Day: Sunday 11AM-2PM
Opening Date: 3/14
Closing Date: 9/22

- www.xenosfarmersmarket.com
- marketmanager@xenosfarmersmarket.com

**Knox**

**Mount Vernon Farmers Market**

Market Manager: Michelle Duffy
farmersmarket@mountvernon.org
740-397-0401 (OSU Extension)

Main Street & High Street, Mount Vernon, OH 43050 (on the Mount Vernon Public Square)

Day: Saturday 8AM-12PM
Opening Date: 5/4
Closing Date: 10/26

Facebook page: Mount Vernon Farmers’ Market
Accepts: SNAP and Produce Perks

**Granville Farmers Market (Saturday)**

Market Managers: Steve Matheny / Jerod Long
smatheny@granvilleoh.com
(740) 587 - 4490

North Main Street & Broadway, Granville, OH 43023

Day: Saturday 8:30AM-12PM (Closed 11/2, 11/9, & 11/16)
Opening Date: 5/4
Closing Date: 11/23

- www.granvillefarmersmarket.com

**Granville Farmers Market (Tuesday)**

Market Managers: Steve Matheny / Jerod Long
smatheny@granvilleoh.com
(740) 587 - 4490

484 South Main Street Granville, OH 43023

Day: Tuesday 3PM-6PM
Opening Date: 6/1
Closing Date: 9/24

- www.granvillefarmersmarket.com

**Canal Market District Farmers Market (Saturday)**

Market Manager: Bailey McCoy
marketmanager@canalmarketdistrict.org
740-527-0420

Day: Saturday 9AM-12PM
Opening Date: 5/4
Closing Date: 9/22

- www.canalmarketdistrict.org
- marketmanager@canalmarketdistrict.org

**Madison County Farmers Market**

300 Lafayette Street, London, OH 43140

Day: Saturday 9AM-1PM

Accepts: SNAP and Produce Perks

**PICKAWAY**

**Pickaway County Farmers Market**

Market Manager: Jennifer Savvy
pickawaycountrysfarmersmarket@gmail.com
740-601-3634

158 West Main Street, Circleville, OH 43115 (in the parking lot)

Day: Saturday 9AM-12PM
Opening Date: 6/1
Closing Date: 8/15

- www.facebook.com/PickawayCountyFarmersMarket/

**Plain City Farmers Market**

Market Managers: Kathy Saxour
dksaxour@yahoo.com

5 Chillicothe & Main Street, Plain City, OH 43064

Day: Thursday 4:30PM-7PM
Opening Date: 5/3
Closing Date: 10/3

- www.uptownplaincity.com

**Union**

**Union County Farmers Market (Marysville)**

Market Manager: Kathy Custer
kathy.custer@3rdaw.com
937-644-8530

South Main Street, Marysville, OH 43040 (Partners Park)

Day: Saturday 8:30AM-11:30AM
Opening Date: 5/18
Closing Date: 10/5

unioncountyfarmersmarket.com

Accepts: SNAP and Produce Perks

**Union County Farmers Market (Richwood)**

Market Managers: Amber Locke
armjd_13@yahoo.com
(614) 563-6402

4 E. Ottawa Street, Richwood, OH 43344

Day: Thursday 3:30PM-6:30PM
Opening Date: 5/23
Closing Date: 10/3

unioncountyfarmersmarket.com
FARMSTANDS

The Ohio landscape is dotted with on-farm markets and stands that are brimming with fresh picked, seasonal fruits and vegetables, handmade, from-scratch foods and more! A farm market, also known as a farm stand, is a producer operated facility where fresh fruits and vegetables and other food items are offered for sale, right on the farm. Whether it’s a day trip or a weekly ritual, make plans to visit at least one farm stand this season.

<table>
<thead>
<tr>
<th>Farm Stand</th>
<th>Contact Information</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doran’s Farm Market</td>
<td>614-855-3885; <a href="http://www.doransfarmmarket.com">www.doransfarmmarket.com</a></td>
<td>Days of Operation: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday Hours of Operation: TBD</td>
</tr>
<tr>
<td>Paige's Produce</td>
<td>740-405-8419; <a href="http://www.paigesproduce.com">www.paigesproduce.com</a></td>
<td>Days of Operation: TBD</td>
</tr>
<tr>
<td>Schultz Valley Farms</td>
<td>740-438-8337; <a href="http://www.schultzvalleyfarms.com">www.schultzvalleyfarms.com</a></td>
<td>Days of Operation: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday Hours of Operation: TBD</td>
</tr>
<tr>
<td>Yellowbird Foodshed</td>
<td>740-263-6933; <a href="http://www.yellowbirdfs.com">www.yellowbirdfs.com</a></td>
<td>Days of Operation: 9AM-5PM</td>
</tr>
<tr>
<td>Ochs Fruit Farm Ltd.</td>
<td>740-652-5758; 2161 Pleasantville Rd., Lancaster, OH 43130</td>
<td>Days of Operation: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday Hours of Operation: Mon - Fri 10AM-6PM, Sat 8AM-4PM, Sun 1PM-5PM</td>
</tr>
<tr>
<td>Rhoads Garden Center</td>
<td>740-474-2028; <a href="http://www.rhoadsgardencenter.com">www.rhoadsgardencenter.com</a></td>
<td>Days of Operation: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday Hours of Operation: 9AM-7PM In Season</td>
</tr>
<tr>
<td>Jones Farm Market</td>
<td>740-660-5813; 4693 Old US 35 SE, Washington Court House, OH 43160</td>
<td>Days of Operation: Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday</td>
</tr>
</tbody>
</table>

GROW EAT OHIO IS . . .

a small group of people who joined forces to help increase awareness of Central Ohio’s farmers markets and the growers and producers that power them.

Farmers Markets are beautiful intersections of healthy food, vibrant communities, local economies, environmentally conscious consumption, and activities for all types of lifestyles. We think that we should all be a little bit more vocal about all of that.

GROWEATOHIO.COM

Interactive Farmers Market Map
Did you know that there are more than 35 markets around central Ohio happening every day of the week?

Giveaways
Win gift cards, cookbooks, and maybe a handy market tote to carry around your local farmers market haul.

Recipes and More
See what local icons are doing with their local produced foods.

Meet the Makers
Get to know the farmers and growers who keep Central Ohio delicious!
<table>
<thead>
<tr>
<th>Farm Name</th>
<th>Category</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellowbird Foodshed</td>
<td>Vegetable, Meat, Egg, Dairy, Fruit</td>
<td>740-263-6933 <a href="mailto:info@yellowbirdfs.com">info@yellowbirdfs.com</a> <a href="http://www.yellowbirdfs.com">www.yellowbirdfs.com</a></td>
</tr>
<tr>
<td>Schultz Valley Farms</td>
<td>Vegetable, Meat, Egg, Fruit</td>
<td>740-438-8337 <a href="mailto:schultzvalleyfarms@yahoo.com">schultzvalleyfarms@yahoo.com</a></td>
</tr>
<tr>
<td>Main Street Delaware Farmers’ Market</td>
<td>Vegetable, Meat, Egg, Dairy, Fruit</td>
<td>740-762-7573 <a href="mailto:director@mainstreetdelaware.com">director@mainstreetdelaware.com</a> mainstreetdelaware.com</td>
</tr>
<tr>
<td>Happy Toes Homestead LLC</td>
<td>Vegetable, Other</td>
<td>614-209-1460 <a href="mailto:happytoeshomestead@gmail.com">happytoeshomestead@gmail.com</a> <a href="http://www.happytoeshomestead.com">www.happytoeshomestead.com</a></td>
</tr>
<tr>
<td>Pleiades Maple Products and Meimer Meats</td>
<td>Vegetable, Other</td>
<td>419-946-7749</td>
</tr>
<tr>
<td>Meander Stream Farms</td>
<td>Vegetable, Other</td>
<td>740-362-7573 <a href="mailto:director@mainstreetdelaware.com">director@mainstreetdelaware.com</a> mainstreetdelaware.com</td>
</tr>
<tr>
<td>Franklinton Farms</td>
<td>Vegetable</td>
<td>614-375-0226 <a href="mailto:michelle.nowak@franklintonfarms.org">michelle.nowak@franklintonfarms.org</a> franklintonfarms.org</td>
</tr>
<tr>
<td>Paige’s Produce/CSA</td>
<td>Vegetable, Fruit</td>
<td>740-601-8419 <a href="mailto:pagessproduce@man.com">pagessproduce@man.com</a> pagessproduce.com</td>
</tr>
<tr>
<td>Meadow Rise Farm</td>
<td>Vegetable</td>
<td>419-886-4365 <a href="mailto:meadowrisefarm@gmail.com">meadowrisefarm@gmail.com</a> Facebook.com/meadowrisefarm.com</td>
</tr>
<tr>
<td>Peace Love and Freedom Farm</td>
<td>Vegetable</td>
<td>614-390-3859 <a href="mailto:mkarcic@gmail.com">mkarcic@gmail.com</a></td>
</tr>
<tr>
<td>Van Scoy Farms LLC</td>
<td>Vegetable</td>
<td>419-674-6437 <a href="mailto:billsonie@vanscoyfarms.com">billsonie@vanscoyfarms.com</a> <a href="http://www.vanscoyfarms.com">www.vanscoyfarms.com</a></td>
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<tr>
<td>Franklinton Farms</td>
<td>Vegetable</td>
<td>614-375-0226 <a href="mailto:michelle.nowak@franklintonfarms.org">michelle.nowak@franklintonfarms.org</a> franklintonfarms.org</td>
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<tr>
<td>Mother’s Peace Urban Farm</td>
<td>Vegetable</td>
<td>614-595-8532 <a href="mailto:winterwood@gmail.com">winterwood@gmail.com</a> Motherspeasfarms.us</td>
</tr>
<tr>
<td>Toad Hill Farm</td>
<td>Vegetable</td>
<td>740-261-9432 <a href="mailto:toadhilltim@gmail.com">toadhilltim@gmail.com</a></td>
</tr>
<tr>
<td>Koa Farms</td>
<td>Vegetable, Fruit</td>
<td>614-935-8964 <a href="mailto:kotafarmss@gmail.com">kotafarmss@gmail.com</a></td>
</tr>
<tr>
<td>Shady Grove Farms</td>
<td>Vegetable, Meat</td>
<td>740-248-1207 <a href="mailto:shadysgrovefarms6@gmail.com">shadysgrovefarms6@gmail.com</a> Facebook.com/farmsshadygrove</td>
</tr>
<tr>
<td>Freshtown Farm</td>
<td>Vegetable, Meat, Egg</td>
<td>916-733-8646 <a href="mailto:freshtownfarm@gmail.com">freshtownfarm@gmail.com</a> <a href="http://www.freshtownfarm.com">www.freshtownfarm.com</a></td>
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<tr>
<td>Great River Organics</td>
<td>Vegetable</td>
<td>614-327-0102 <a href="mailto:info@greatriverorganics.org">info@greatriverorganics.org</a> <a href="http://www.greatriverorganics.org">www.greatriverorganics.org</a></td>
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</table>

Community-supported agriculture (CSA model) is a system that connects the producer and consumers within the food system more closely by allowing the consumer to subscribe to the harvest of a certain farm or group of farms. In return for subscribing to a harvest, subscribers receive either a weekly or bi-weekly box of produce or other farm goods. This includes in-season fruits and vegetables and can expand to dried goods, eggs, milk, etc.
WHAT’S IN SEASON?

The calendar might always be the same...May, June, July...but the seasons in Ohio can be dramatically different from one year to the next. And sometimes, knowing what’s in season and what to look for at your local farmers market can be frustrating. Don’t worry, we’re here to help, and in more ways than one!

Print this calendar, stick it on the fridge, and look to see what’s in season (generally speaking) before your next trip to the farmers market. If nothing else, these guides showcase just how short an Ohio season can be. (Who else wishes fresh picked asparagus was available longer?!)

Forgot to print the guide? Want to know how this season compares to the norm? Ask the market manager for help! Our market managers want your trip to be successful so that shopping locally becomes an in-season weekly ritual. And when all else fails and you’re in need of information on the go, visit our website at www.groweatohio.com.

Happy shopping from the Ohio Farmers Market Network and all of your central Ohio markets!

Special Note on Availability

Weather and farming do not always live in harmony. From one year to the next, Mother Nature determines plant dates, harvest dates, our first official freeze, and everything in between. While Ohio isn’t a giant state, there are significant climatological differences between southern and northern Ohio.

Did you know there can be a 40 degree difference in a span of just 100 miles? It’s true! And while one part of the state is dry to the bone, another is laying foul under inches (or even feet) of rain.

Ohio farmers do their best to work with Mother Nature and bring us the best tasting, freshest fruits and vegetables possible. With any luck, your favorites will be available beyond the indicated harvest periods. Or maybe you’ve learned to extend the harvest by implementing storage techniques such as canning, freezing, fermenting or root cellaring.
“Work hard in silence, let your success be your noise.”

In 2017, the Ohio Farmers Market Network launched its annual membership campaign with that very quote from Frank Ocean. While not completely certain of what the work would look like, or what the noise would sound like, the Ohio Farmers Market Network did know it was ready for change. Change for itself, farmers markets throughout Ohio, their managers and producers.

The Ohio Farmers Market network is a 501(c)3 organization that provides Ohio farmers markets and producers with resources, tools, networking opportunities and a unified voice for public policy. Our work strengthens farmers markets throughout Ohio, but currently has a greater impact here in Central Ohio through our collaboration with the Columbus & Franklin County Local Food Action Plan and a recent USDA Farmers Market Promotion Program (FMPP) grant: Growing Central Ohio Markets Through Public/Private Partnerships: Planned Growth, Professional Development and Collaborative Branding for Farmers, Food Producers and Market Managers.

This 2019 Local Food Guide, Grow Eat Ohio, is only one small step towards the change we seek for our markets and communities. We hope this guide will highlight the extensive list of opportunities to find farmers markets, farm stands, and Community Supported Agriculture (CSA) farms near you.

Our greater hope is that buying your food from local farmers and food producers becomes a weekly tradition like any other. Fresh food from Ohio farmers is everywhere - rural and urban, Sunday and Saturday (and every day in between), morning, afternoon and evening. And with your support, the availability of these farm fresh and handmade products will become more accessible, of better quality and variety, and a better way of feeding yourself, your friends and families, and our communities.

On behalf of the Ohio Farmers Market Network, thank you for supporting the efforts of our organization, farmers markets, growers and producers throughout Ohio.

Jaime Moore
Ohio Farmers Market Network